

Your Six Months with the Pope Paul VI Institute

CREIGHTON MODEL *FertilityCare* System NATURAL FAMILY PLANNING MEDICAL CONSULTANT PROGRAM An Approved Continuing Medical Education Offering

Your participation as a Natural Family Planning Medical Consultant Intern in the Pope Paul VI Institute's Education program will prove to be a very rewarding experience. To assist you in your preparation, please read the following overview of this six month program. The **Creighton Model FertilityCare System** and the new women's health science of **NaProTechnology** have been developed through a research and education effort coordinated and directed by Thomas W. Hilgers, MD, director of Pope Paul VI Institute for the Study of Human Reproduction and clinical professor in the Department of Obstetrics and Gynecology, Creighton University Medical Center. Faculty realizes no financial gain from their involvement in the education programs.

NaProTECHNOLOGY

This program is designed to assist physicians who wish to shift from the standard medical practice of prescribing artificial contraception for family planning and all gynecologic conditions to an alternative of providing a morally acceptable and effective means of responding to women's procreative and gynecological health needs. More than 25 years of research has led to the development of this newly emerging science of NaProTechnology (Natural Procreative Technology). This science involves the orderly and systematic evaluation of the events that occur during the course of the menstrual and ovulation cycles and the treatments that work **cooperatively** with these natural procreative cycles.

NaProTechnology provides an effective means to evaluate and treat common gynecological and reproductive disorders **without** the use of oral contraceptives that are currently used for such conditions as:

- Cervical Eversions
- Ovarian Cysts
- Unusual Bleeding
- PMS

In addition, true progesterone replacement therapy is possible because of our ability to comparatively evaluate the endocrinology of menstrual cycles. And, with the use of NaProTechnology, we can better understand the indications and rationale for using progesterone support in pregnancy, resulting in more positive outcomes than ever before.

PRACTICAL APPLICATION OF NAPROTECHNOLOGY IN A MEDICAL PRACTICE

To effectively apply NaProTechnology requires a commitment to the basic scientific principles that are the foundation of natural procreative mechanisms. These concepts are rarely covered in medical schools and residency training programs today. In applying NaProTechnology in a medical practice, it is strongly recommended

that the physician work cooperatively with a FertilityCare Practitioner. Since physicians enrolled in the Medical Consultant Program learn medical applications that are specifically related to the Creighton Model FertilityCare System, it is expected that a Medical Consultant will be working with a FertilityCare Practitioner in his or her location. If there is no Practitioner available, the Medical Consultant must agree to work toward identifying someone to become a FertilityCare Practitioner within two years following completion of the Medical Consultant Program. Also, is it possible for a physician to enroll in the combined Medical Consultant/Practitioner program. However, this program is demanding and requires sufficient time to complete it (refer to the Practitioner "Your Year" handout).

COURSE SUMMARY

This six month education program to become a Medical Consultant is a professional training program developed according to basic educational principles utilized in CME courses. The program is jointly affiliated with Creighton University School of Medicine and Pope Paul VI Institute for the Study of Human Reproduction.

The program is divided into two education phases, which are designed to be total immersion courses. They are held in Omaha, Nebraska in the fall and spring. In addition, there is one supervised practicum (SPI) that begins at the end of Education Phase I (EPI) and ends with Education Phase II (EPII).

The two education phases are designed to give each student an appropriate foundation of fundamental theoretical and clinical knowledge. Various methods of natural family planning will be reviewed. However, the primary focus of this program will be the Creighton Model FertilityCare System and NaProTechnology.

During SPI, 3 hours of in-service education must be presented on NaProTechnology for local physicians, residents, medical students, nurses and/or nursing students. In addition, 4 standard assignments must be satisfactorily completed.

Finally, a 3-hour Medical Consultant Final Certificate Examination must be satisfactorily completed. This exam consists of information covered during EPI and EPII, including discussions on **use-effectiveness** and **medical applications** of NaProTechnology. A score of 75.0% must be obtained in order to satisfactorily complete this examination, which is given at the conclusion of EPII. Program completion requires satisfactorily completing EPI, EPII, the in-service program, all four assignments, and the Final Certificate Examination.

COMPLETION

Continuing Education Credits have been approved from the following:

- Creighton University School of Medicine
- American College of Obstetricians and Gynecologists